

# APPLEY MANOR FOOD MENU

## STARTERS/ LIGHTBITES

<b>Cheesy Nachos (V)</b> £7.95 Corn chips layered with melted cheddar cheese, served with salsa and sour cream dip	<b>Soup of the Day (V)</b> £6.80 Served with croutons and roll and butter
<b>Deep Fried Mushrooms</b> £8.25 Crunchy, breaded, whole mushrooms, served with a choice of dip (see below)	<b>Manor-Made Brie Wedges</b> £9.25 Brie wedges coated in bread crumbs, served with a cranberry dip.
<b>Prawn Platter</b> £9.75 Prawns with seafood sauce, served with brown bread and butter	<b>Manor Feast</b> £13.75 Tortilla chips, 6 onions rings, 6 breaded mushrooms, potato wedges, 4 mini spring rolls, 6 battered chicken pieces, served with a choice of 2 dips (see below)

**Dips:** Garlic , BBQ , Chilli and Curry Mayonnaise *(Only for starters offering dips)*

## MAIN COURSES

<b>Ham, Two Eggs, Peas &amp; Chips</b> £13.25	<b>All Day Breakfast</b> £13.25 One Jumbo pork sausage, two rashers of bacon, two fried eggs, grilled tomato and baked beans, served with chips
<b>Manor-Made Lasagne</b> £14.95 Served with a salad garnish & a choice of potatoes OR garlic bread	<b>Manor-Made Shortcrust Steak Pie</b> £15.45 Served with vegetables & a choice of potatoes
<b>Manor-Made Cottage Pie</b> £14.95 Minced beef, lightly seasoned to The Manor's own recipe, topped with mashed potato and grated cheese, served with vegetables and a garnish of chips	<b>Manor-Made Chicken Tikka Masala</b> £14.35 Tender pieces of Chicken in a spicy sauce, served with rice, mango chutney & a poppadom

## FISH DISHES

Served with a fresh lemon wedge, peas & a choice of potatoes.

<b>Supreme of Salmon</b> £16.75 Served in a white wine and dill sauce	<b>Breaded Scampi</b> £14.75 Deep fried breaded whole tail scampi
<b>Hand Battered Cod Fillet</b> £14.95	

## MANOR GRILL

<b>Gammon Steak (340g*/12oz*)</b> £15.45 Served with two fried eggs or pineapple & choice of potatoes	<b>Local Isle of Wight Sirloin Steak (227g*/8oz*)</b> £23.45 Accompanied by onion rings, mushrooms, grilled tomato, peas and a choice of potatoes
<b>Hunters Chicken</b> £15.95 Grilled chicken breast, topped with bacon, melted cheese and BBQ sauce, served with salad garnish, peas and choice of potatoes	<b>Local Isle of Wight Rump Steak (170g*/6oz)</b> £16.95 Served with onion rings, mushrooms, grilled tomato, peas and a choice of potatoes

**Sauces: Creamy Pepper Sauce or Mushroom Sauce £2.95 Garlic Butter £1.50**

\*Minimum uncooked weight.

**Choice of potatoes: Chips OR Jacket OR New Potatoes OR Mash Potato**

## BURGERS

<b>Beef Burgers made from Locally sourced Isle of Wight Beef. Served in a bun with salad garnish &amp; chips.</b>	
<b>Upgrade your burger with our topping, ask for options</b>	
<b>170g*/6oz* Single Beef Burger</b> £12.45	<b>Cheese &amp; Bacon 170g*/6oz* Beef Burger</b> £14.45
<b>The Manor Supreme</b> £16.40 A double beef burger with, lettuce, tomato, fried egg, cheese, bacon and onion rings	<b>227g*/8oz* Chicken Burger</b> £14.45 Grilled chicken breast, with lettuce and mayonnaise

# VEGETARIAN

PLEASE ASK FOR OUR VEGAN MENU

**Manor-Made Vegetable Lasagne (V)** £14.45  
Served with salad garnish & a choice of potatoes OR garlic bread

**Manor-Made Macaroni Cheese (V)** £12.50  
Served with Garlic Bread.

**Vegan Burger (VG)** £14.75  
Two breaded vegan burgers topped with cheese in a bun, with lettuce, tomato, served with chips, salad garnish and BBQ dip

**Cheesy Broccoli and Pasta Bake (V)** £13.95  
Broccoli and pasta in a creamy sauce, topped with melted cheese and served with a side salad and a roll and butter

**Nut Roast (V)** £14.35  
Served in a creamy mushroom sauce with vegetables and a choice of potatoes

## OMELETTE

Served with a salad garnish & a choice of chips, jacket or new potatoes

**Cheese (V)** £11.50

**Ham** £11.50

**Mushroom (V)** £11.50

**Plain (V)** £10.25

## SALADS

All salads are freshly made to order and served with a roll & butter. **Most GF without roll if specified.**

**Warm Chicken and Bacon** £15.20

Served in a balsamic dressing

**Cheddar Cheese (V)** £13.45

**Whole Tail Breaded Scampi** £14.75

**Prawn with Seafood sauce** £15.75

**Fisherman's Friend Salad** £16.95

Salmon, prawns and smoked mackerel

**Ham Salad** £14.35

**Southern Fried Chicken Salad** £14.75

Southern fried chicken goujons on a mixed salad with olives & feta cheese, with a sweet chilli mayo dressing

## JACKET POTATOES

Served with salad garnish & coleslaw

**Coleslaw (V)(GF)** £9.60

**Cheddar Cheese (V)(GF)** £10.25

**Tuna & Mayonnaise (GF)** £11.25

**Baked Beans (V)(GF)** £9.95

**Prawns** £13.45

**Chefs Chilli (GF)** £12.45

**Coronation Chicken (GF)** £12.45

## PLOUGHMANS

Served with salad garnish, coleslaw, pickled onion, chutney and two rolls & butter

**Cheddar Cheese (V)** £12.95 **Mixed, Ham, Brie and Cheddar** £14.45

**Coronation Chicken** £13.75 **Ham,** £12.95

## SANDWICHES/BAGUETTES

Served with salad garnish & coleslaw and crisps

### Sandwiches

*White or Brown bread*

**Cheddar Cheese (V)** £6.95

**Ham** £7.55

**Tuna & Mayonnaise** £7.55

**Hot Bacon** £9.25

**Prawn in seafood sauce** £10.25

**Coronation Chicken** £10.25

### Baguettes

*White Baguette*

£7.95

£8.55

£8.55

£10.25

£11.25

£11.25

**Jumbo Sausage Baguette with fried onions and chips (no crisps or coleslaw)** £11.75

## EXTRA PORTIONS

**New Potatoes** £3.40

**Portion of Chips** £4.45

**Cheesy Chips** £5.95

**Plain Jacket** £3.95

**Mash Potato** £3.95

**Coleslaw** £2.45

**Side Salad** £4.50

**Onion Rings** £3.95

**Naan Bread** £1.95

**Portion of Vegetables** £4.25

**Half Roll & Butter** £1.45

**Garlic Bread with Cheese** £5.25

**Garlic Bread** £4.25

*All items subject to availability*